

Men can access multiple phone counselling sessions.

During the session:



Qualified counsellors aim to support men in their goal to change behaviours



A key focus is on the safety of women and children



Qualified counsellors will work to connect men with other ongoing services.

Delivered by:

 **Men's Referral Service**
Operated by No to Violence

1300 766 491

9:00am – 5:00pm (Weekdays)

10:00am – 6:00pm (Weekends)

No to Violence is grateful to the Australian Government for supporting the Brief Intervention Service nationally.



Australian Government

Department of Social Services

No to Violence and the Men's Referral Service acknowledges First Nations Peoples across these lands; the Traditional Custodians of the lands and waters.

We pay respect to all Elders, past, present and emerging. We acknowledge a deep connection with country which has existed over 60,000 years.

We also assure members of the LGBTIQ+, Multicultural, Multifaith, Refugee and Asylum Seeker and Culturally and Racially Marginalised communities that they are entering a culturally safe environment.



BIS - 2024.03



Brief Intervention Service

*Delivered by the Men's Referral Service
family violence counsellors*

The Brief Intervention Service focuses on:

- Short-term, multi-session telephone support for men who use family violence
- Men who are on a waiting list for family violence support (such as men's behaviour change program)
- Men who are unable to access family violence support because of:
 - Services that are not readily available, and unable to take active referrals due to waitlists
 - Living in remote or regional areas
 - Barriers to attend group programs
 - Coming from a non-English speaking background.

It is important to note that the Brief Intervention Service is not, and does not replace, a men's behaviour change program or group.

The Brief Intervention Service is a short term, multi-session family violence telephone counselling support service for men who are willing to engage in respectful conversation around their use of family violence and its impact on family members.

Counselling sessions are focussed on supporting men to reflect on their use of violence, explore personal accountability, learn new strategies to support non-violent relationships and build safe families.

Counsellors may also identify and provide appropriate referrals to other services, including but not limited to men's behaviour change programs.

If men have a support person, advocate or representative they are welcome to bring that person into the program to support their decision making. This process can be discussed at their initial intake session.

Referring clients to the Brief Intervention Service

Men can only access the Brief Intervention Service via an **internal referral** from the Men's Referral Service or an **external referral** from other services.

To initiate the referral process, please visit www.ntv.org.au/referrals or scan the QR code below to access our referral form.



If your client needs urgent assistance, please advise him to contact the Men's Referral Service directly.

www.ntv.org.au/referrals